



## ASSISTED LIVING OPTIONS ALONG SHORELINE

*The following list of facilities is provided as a starting point for more extensive research by seniors and their families. Comments in no way represent a recommendation. Services can differ somewhat and each facility will have its own "culture". Visiting several facilities to experience the differences is important to find a good match for the senior(s) who are considering moving.*

### **Trade Association:**

Connecticut Assisted Living Association

[www.ctassistedliving.com](http://www.ctassistedliving.com)

Website includes a Fact Sheet, Model Resident Agreement, Consumer Guide and list of their member facilities.

Specialized real estate advice:

Eileen Smith

H. Pearce Senior Services (experienced in working with seniors during initial investigation of assisted living)

393 State Street

North Haven, CT 06473

(203) 281-3400

[www.hpearce.com](http://www.hpearce.com)

**Crescent Point at Niantic** (860) 739-9479

417 Main Street, Niantic, CT 06357

[www.benchmarkquality.com](http://www.benchmarkquality.com) (Owned by Benchmark)

**Atria Crossroads Place** (860) 444-6700

1 Beechwood Drive, Waterford, CT 06385

[www.atriaseniorliving.com](http://www.atriaseniorliving.com) (Owned by Atria Senior Living Group)

**Essex Meadows** (860) 767-7201

30 Bokum Road, Essex, CT 06426

[www.essexmeadows.com](http://www.essexmeadows.com)

*Considered a high end facility*

**The Family Lodge** (860) 669-9300

91 E Main St, Clinton, CT 06413

[www.thefamilylodge.com](http://www.thefamilylodge.com)

*Smaller facility in the center of Clinton. Post Office and some other services within walking distance.*

**The Hearth at Tuxis Pond** (203) 245-3311

100 Bradley Road

Madison, Connecticut 06443

[www.thehearth.net/connecticut](http://www.thehearth.net/connecticut) (Owned by Hearth Management Corp)

*Smaller facility in the center of Madison. Library, post office, movie theatre, bookstore, pharmacy, etc. all within walking distance. From Madison and west, facilities are more likely to have planned transportation to cultural events in New Haven, such as theatre, concerts and museums. Separate unit, called Keepsake, for those with memory impairment.*

**Gables at Guilford** (203) 381-1333

201 Granite Road, Guilford, CT 06437

[www.thegablesatguilford.com](http://www.thegablesatguilford.com)

*Has recently "converted" to only apartment living – no nursing assistance. Although not in the center of Guilford, has an active social program.*

**The Hearth at Gardenside Terrace** (203) 483-7260

173 Alps Road, Branford, CT 06405

[www.thehearth.net](http://www.thehearth.net) (Owned by Hearth Management Corp).

*Includes separate Alzheimer's unit.*

**Evergreen Woods** (860) 483-3242

88 Notch Hill Road, North Branford, CT 06471

[www.evergreenwoods.com](http://www.evergreenwoods.com)

*One of the few facilities that require a large, upfront payment but has its own skilled nursing facility on site which is included in the price. Has many social activities. Large facility, which can be an issue if client has difficulty walking to the dining room. Residents are allowed to have motorized scooters inside.*

**Village at Mariner's Point** 203-467-0067

111 South Shore Drive East Haven, CT 06512,

[www.benchmarkquality.com](http://www.benchmarkquality.com) (Owned by Benchmark)

*Lovely location on the water. Many social activities.*

*Memory impairment unit called "Harbor" with 20 residents. Extensive programming on site.*

**Mary Wade Community** 203-562-7222

118 Clinton Ave., New Haven, CT 06513

[www.marywade.org](http://www.marywade.org)

*Located in Fair Haven section (New Haven) with access to major hospitals and cultural institutions. Includes an adult day center as part of their services at the same location.*

**Arden Courts-Alzheimer's Assisted Living** 203-281-5700

153 Leeder Hill Drive, Hamden, CT 06517

*Provides only a locked Alzheimer's unit with an extensive program of activities and large yard.*

**Luther Ridge at Middletown** 860-347-7479

628 Congdon Street West, Middletown, CT 06457

[www.lutherridge.org](http://www.lutherridge.org) (A program of Lutheran Social Services of New England)

*Independent and assisted living options. Depending upon assets and income, residents may qualify for rental subsidies through State of Connecticut.*